

The REMINDER

The weekly newsletter of the church of Christ in Bellaire, TX

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"YOU MAKE YOU SO MAD!"

Do you believe this statement that follows? Your attitude toward other people is not what they make it, but what you make it. Before you say, No, and it's a lot of nonsense," reserve judgment at least until you have finished this page.

When we close our minds we're always shutting out more than we are shutting in.

The simple truth is, you can make your attitude about anything you want it to be.

In the first place, you can think about anything you want to. If you want to think about London right now, you can do it. And you choose how you will think about it. If you want to think of it as a dirty city where violent crimes are committed in the fog, and where "everybody hates Americans," you can do so. If you prefer to think of London as the home of the beautiful House of Parliament buildings where a great painting of the Pilgrims and the Mayflower hangs on the wall, honoring America's founding fathers, you can do that.

You make the choice of what you want to think about anything or anyone.

But I can hear you say, "You don't know that brother-in-law of mine. He makes me so mad!" No, he doesn't YOU make you so mad. Who else could? No one has the power to make you angry but you. How can anyone else choose your feelings for you?

You say, "But that neighbor of mine next door. He makes me sick!" No, YOU make you sick. Only YOU can decide what feelings you're going to entertain.

Things happen around you and things are said, that's true - but they aren't what upsets you. It's YOUR REACTION TO THEM that upsets you. If it's a reaction of anger, resentment or fear, It's your choice.

In any situation, you always have a choice of reactions. And the choice you make determines how the situation will affect you.

If there is criticism around you or unfriendliness, or jealousy, It has no power whatever to affect you - even if it's directed at you - unless you choose to take it into your own consciousness. You have to let it in and react to it. Then it does its damage. But not until then. Until then it belongs to the other fellow and has nothing to do with you at all.

...d you really think anyone but you can choose your feelings and attitudes? "**As a man thinks in his heart, so is he.**"

Dr. Gene Clark

Bulletin Board



AM Lesson - Steve - "Authentic Christianity".
 PM Lesson - Jack - "Guilt".

Please keep the following members in mind who have difficulty being with us due to prolonged illness: **Dee Boyd, Doris Norman, Billie Glitsch and Don Hurd.**

NEWS AND NOTES: Health front: Mike and Linda are doing better from different ailments. Continue to pray for Anna in her difficult time. Hope Curby and Melva are here this morning. It's not a sickness, but it can cause sickness. Tracy and Caesar are expecting a baby. She's past the first trimester, and has informed several about this blessing. Thought I'd share the news this morning.

Mother's Day Weekend. Many are out of town. Sharon Alexander is gone for the weekend. Weston is finished with the semester, and is gone till the fall. I think the Robinsons are out of town. The Clanton's were gone yesterday, and I assume today as well. Safe journey's to all.

Anita and I leave this coming Thursday for 10 days. I'll be in Lincolnton, NC for a meeting, Sunday the 19th thru Friday. Then on to Charlotte to visit with the Acree's. I'll preach there on Sunday the 26th. Sunday afternoon we'll travel to Atlanta to stay the night with son #1 and his family. Monday, Memorial Day, we'll head back home. We'll surely miss being here, but should be back for Wednesday night, the 29th. Pray for us in the work and the trip.

Things You Can't Do

Experience has taught thousands who have tried it:

1. Sow bad habits and reap good character.
2. Sow jealousy and hatred and reap love and friendship.
3. Sow wicked thoughts and reap a clean life.
4. Sow evil deeds and live righteously.
5. Sow dissipation and reap a healthy body.
6. Sow deception and reap good reputation.
7. Sow disrespect and reap respect.
8. Sow slothfulness and reap confidence.
9. Sow indifference and reap rewards.
10. Sow cruelty and reap kindness.
11. Sow greed and envy and reap generosity.
12. Sow neglect of the Lord's Will and reap strength in temptation.

Paul wrote by inspiration, *"Be not deceived; God is not mocked: for whatsoever a man sows, that shall he also reap"* (Gal. 6:7).

"Men would rather build a temple than be one."

"Don't use a spoon to feed others when your cup runs over."

"The religious 'T' specialist is nearsighted."

"The average man is 100 pounds of muscle and a little over three pounds of brains. This explains a lot of things."

Assignments for today

Sunday, May 12, 2013

Morning Service

Announcements.....Alex Morolez
 Hymn Director.....Lee Williams
 Scripture Reading.....Heb. 12:1-4
 Scripture Reader.....Jesse Knapp
 Opening Prayer.....Dan Kimbrough
 Closing Prayer.....Alex Morolez

Evening Service

Hymn Director.....Michael Robinson
 Opening Prayer.....David Haley
 Closing Prayer.....Alex Morolez

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Schedule of Services

Sunday:

9:30 AM Worship
 11:00 AM Bible study
 5:00 PM Worship

Wednesday:

7:30 PM Study and Devotional
Minister and editor
 Jack Smith and Steve Garrett

The Reminder is published weekly by the church of Christ in Bellaire